

Heart Math Tutoring Technology Guides

Topic	Links
Tech Guides for How to Tutor with HMT	
HMT In-Depth Technology Guide	https://heartmathtutoring.org/wp-content/uploads/2022/07/Heart-Tutoring-In-Depth-Technology-Guide.pdf
HMT In-Depth Technology Guide (iPad)	https://heartmathtutoring.org/wp-content/uploads/2022/07/Heart-Tutoring-In-Depth-Technology-Guide-iPad.pdf
HMT Quick Start Technology Guide	https://heartmathtutoring.org/wp-content/uploads/2022/07/Heart-Tutoring-Quick-Start-Technology-Guide.pdf
Supplemental Tech Support Guides	
iPad Cheat Sheet	https://heartmathtutoring.org/wp-content/uploads/2022/07/Heart-Tutoring-IPAD-Cheat-Sheet.pdf
Instructions for Enabling Screen Sharing on Mac	https://heartmathtutoring.org/wp-content/uploads/2022/07/Instructions-for-Enabling-Screen-Sharing-on-Mac.pdf
Supplemental Tech Support Videos	
HMT In-Depth Technology Guide Video	https://www.loom.com/share/5576da5c02c64a798bd832481a25d690
HMT Quick Start Technology Guide Video	https://www.loom.com/share/be7358f57f01436096f397a411e551f0
How to Prepare for a Virtual Tutoring Session	https://www.youtube.com/watch?v=HNvehK_tuwM&t=1s